



## YOUR GUIDE TO GET STARTED WITH BIKEJORING!

Dogs love running, and biking with dogs is a great way of stimulating their need of physical exercise. It is a lot of fun for both dog and owner. For the next weeks we will introduce you to the world of bikejoring by sharing tips from some of the world's best athletes in the sport. You will learn what equipment you need, how to stay safe, how to train and get competition tips.



## WHAT IS BIKEJORING

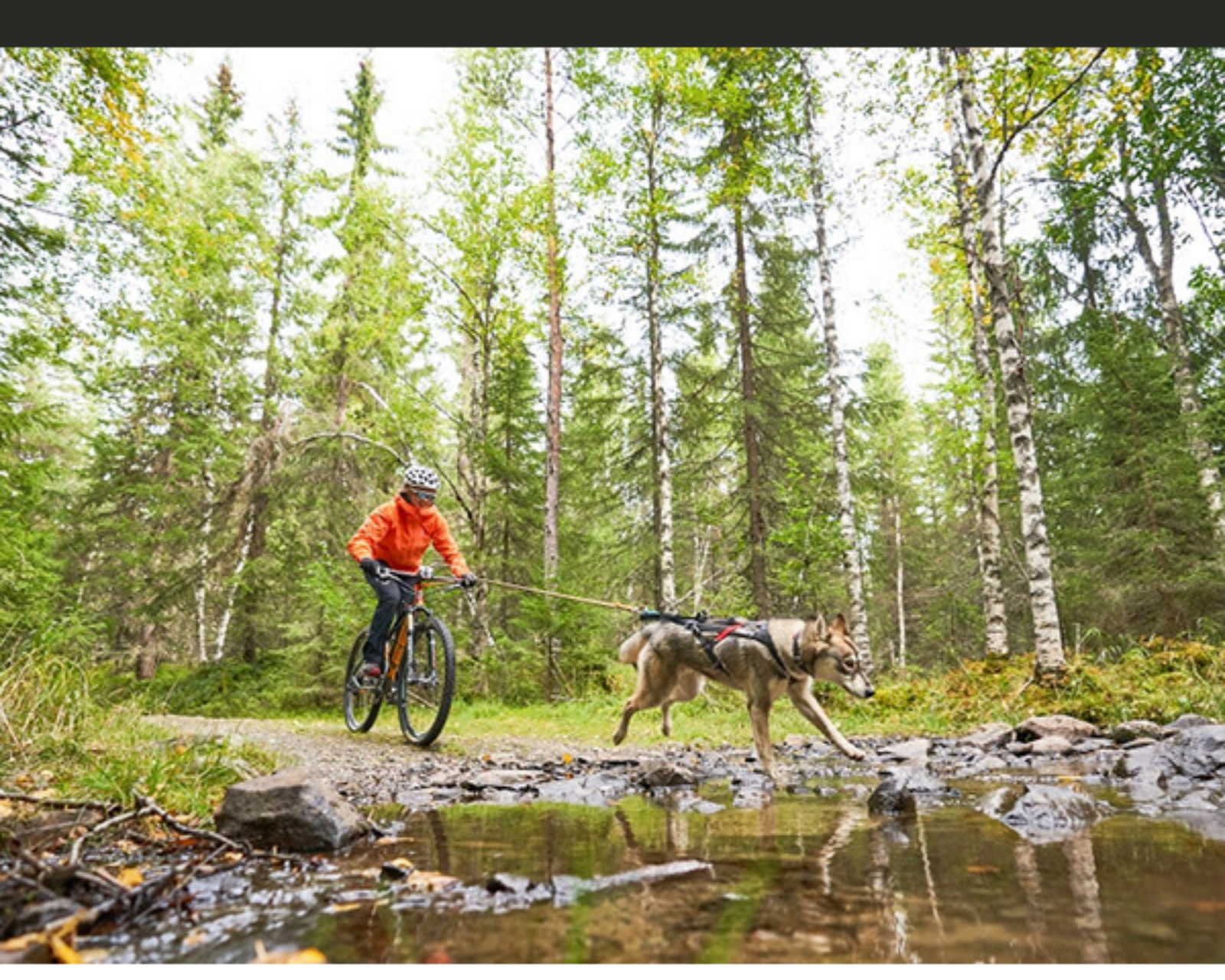
Bikejoring is a sport where one dog or a team of dogs runs in front of a bike, pulling. This can be done both recreational and as a professional sport. Bikejoring has its origin from mushing, where dogs pull the musher on a sled.

[LEARN MORE](#)

## TEACH YOUR DOG TO PULL

Some dogs are naturals at pulling, while others might need some help and training to understand this task. Learn how multiple world champions Viktor and Linn Beate Sinding-Larsen teach their dogs to run in front and pull.

Are you concerned this will make your dog pull on the leash in everyday situations? No worries – they have a solution to prevent that as well.

[READ EXPERT'S TIPS](#)

## HOW TO START WITH BIKEJORING?

We will go more into detail about equipment and how you get started with bikejoring in the following emails, but as you probably are eager to learn more already, we have put together a short introduction about the sport.

[LEARN MORE](#)

### PODCAST

## BECOME YOUR DOG'S BEST TEAMMATE!



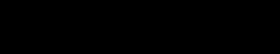
When bikejoring, you and your dog are a team. Dog musher Dallas Seavey, who has won the Iditarod four times, knows how to bring out the best in all of his dogs.

- In the beginning, we're training Superman. We are training this dog to be able to do anything. The secret is to show them that they can do anything and never show them anything they can't do. Play their strengths, avoid their weaknesses. Never ask the dog to do something that they can not do well, Dallas said when we interviewed him for our podcast, Unleashed.

**Press play for an inspirational talk with Dallas!**

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